

Notification Date: May 1, 2025 Effective Date: May 5, 2025

Phosphatidylethanol Confirmation, Blood

Test ID: PETH

Explanation: To support faster result turnaround, an updated collection instruction has been added to encourage the use of EDTA tubes smaller than 10 mL. These smaller tubes streamline pre-analytical processing by eliminating an extra step required for 10 mL tubes.

Current Specimen Required

Container/Tube: Lavender top (EDTA) Specimen Volume: 1 mL

Collection Instructions:

1. Do not use alcohol to clean arm. Use alternative (such as Betadine, also known as Povidone lodine, or any non-alcoholic approved antiseptic) to cleanse site before specimen collection.

2. Do not centrifuge.

3. Send whole blood specimen in original tube. **Do** not aliquot.

New Specimen Required

Container/Tube: Lavender top (EDTA) Specimen Volume: 1 mL Collection Instructions: 1. Do not use alcohol to clean arm. Use alternative (such as Betadine, also known as Povidone lodine) to cleanse site before specimen collection. 2. Draw blood in tubes smaller than 10 mL if possible. 3. Do not centrifuge. 4. Send whole blood specimen in original tube. Do not aliquot.